



INTERNATIONAL CONGRESS

CHURCH OF OUR LORD JESUS CHRIST OF THE APOSTOLIC FAITH, INC.

PEP RALLY & OTHER COMPETITIONS

A MESSAGE FROM OUR PRESIDENT:

As the International Congress President I am excited that you have chosen to be apart of the historical International Congress Pep Rally, Bible Bowl and or Basketball tournament. These programs are designed to display a variety of unique talents that can be found in the pews of our local churches and Diocese. This Year my staff and I are also excited to introduce two new elements to the Pep Rally, the step competition and the miming competition. Although these are competitions our goal is to "glorify God and edify his people". To insure the integrity of the scoring of the competition all of our judges will be non COOLJC members or members whose local church and or diocese will not be participating in the competition. Thank you once again and I wish you all the best!

Elder William Wilkins Jr.

CRITERIA FOR CHEERING, STEPPING & MIMING 2009

GOLDEN RULES:

1. Teams should be no lager than twenty-five (25) and no less than five (5) people.
2. Presentation should be religious and should **Lift Up Jesus Christ!**
3. **All teams must be registered by February 1, 2009** to be given stage time.
4. No dancing or the team will be immediately disqualified!
5. No use of worldly slang, combustibile items, liquids, sprays or fire elements within routine.
6. **No secular music or the team will be immediately disqualified!**
7. Separation of teams by age groups is encouraged- ages from 1-12 & ages 13 and up
8. **Time: five (5) to seven (7) minutes per squad.**
9. Routines must glorify God and must not reflect anything that is considered worldly.
10. All participants must attend a COOLJC local church on regular bases.

SCORING SYSTEM:

1. Uniforms
2. Originality
3. Volume & Clarity
4. Spirituality of presentation
5. Cooperation with Officials

*All routines (whether step, cheer, or mime) will be judged according to the same guidelines.

ATTIRE:

1. Men/Boys—No shorts
2. No sleeveless shirts (ladies and gentlemen)
3. Ladies-No excessive make up
4. Ladies-No mini-skirts (Skirts above the knees are not allowed. Please note that an solid colored-garment should be worn underneath skirts to prevent undergarments from showing)
5. No earrings, necklaces or bracelets.

BANNERS:

All Diocese/States are encouraged to bring Banners and Flags or some form of display to be shown during the Pep Rally and/or Parade as a show of your support to your squad.

POINT SYSTEM: 1 - 10

1—Meaning Poor

10—Meaning Excellent

Please remember in creating your presentation that we are representing the Lord Jesus Christ as witness to the word. Make sure that your message is clear and precise.

BIBLE BOWL CRITERIA

The Bible Bowl focus for the 2009 Congress is the book of EXODUS.

- A variety of types and level of questions will be presented in a closed book, test format.
- Teams may interact among themselves to formulate responses to questions. However, notes, books, and literature of any sort may not be used. Violators will be immediately disqualified.
- Teams may have 1 to 7 people.
- Churches may register as many teams as desired.
- Teams may **NOT** include anyone who holds license in COOLJC or other ministerial organizations (i.e., Licensed Ministers, Missionaries, etc.)
- Each team member must be registered with the International Congress.
- Awards will be presented to teams with the highest scores and or the best time (1st, 2nd and 3rd place).

BASKETBALL

International Congress Basketball Tournament Rules for 2009

- Each team member must be registered with the International Congress and **ALL teams must be registered by February 1, 2009 to be entered into the tournament.**
- Each team must have coach/captain
- Teams must have shirts or jersey with numbers same color
- Teams must only have bench of 10 players no more
- Teams must have paid team registration fee
- All participants must attend a COOLJC local church on a regular bases
- One game elimination
- Two ten minute quarters
- One time out each quarter
- Running Clock: Two minutes left clock stops
- 5 team fowls
- Team must **RESPECT REFREES** or will be immediately disqualified!
- Any team member that uses PROFANITY will be immediately disqualified!**
- NO PLAYER IS ALLOWED TO TALK TO THE TIME/SCORE TABLE**

2009 CONGRESS ACTIVITY REGISTRATION FORM

Church/Sponsor Name: _____ Date: _____
Mailing Address: _____ Apt/FI: _____
City: _____ State: _____ Zip Code: _____
Home Phone: _____ Cell Phone: _____
Email Address: _____ Email Address: _____
Church Diocese: _____ Bishop: _____

Select Activities for Participant Registration:

PEP RALLY Fees: **\$75.00** per team on or before Feb. 1st.
Fees: **\$150.00** after Feb. 1st.

Team Name: _____

Number of Members: _____ Age Range: 1-12 or 13+

Banner? Yes or No **Please write additional teams & info on back*

BIBLE BOWL Fee \$25.00 per team

Team Name: _____

Captain's Name: _____ Number of Members: _____

**Please write additional teams & info on back*

BASKETBALL TOURNAMENT Fees: **\$75.00** per team on or before Feb. 1st
Fees: **\$150.00** after Feb. 1st

Team Name: _____

Captain's Name: _____ Number of Players: _____

**Please write additional teams & info on back*

TOTAL AMOUNT INCLUDED WITH THIS FORM: \$ _____

*Please send all payments via cashier's check or money order made payable to "International Congress"

~ All forms should be submitted with payment to ~

Sister Jeannie Horton

1616 Dunbar Street

Greensboro, NC 27401

jea12_ref@yahoo.com

DO NOT SEND CASH

FOR ADMINISTRATIVE USE ONLY

Date Received: _____ Payment Method: Cashiers Check M.O. Church Check # _____